

# WOMEN'S CYCLING WORKSHOPS

for migrant, former refugee, or low income women and their friends



**Background:** Demand for regular women-only cycle skills instruction was identified in our community. A series of monthly workshops was piloted covering everything from learn to ride to on-road skills, and of course, coffee!



**Aim:** Support women to learn to ride and improve their confidence riding a bicycle, in a safe friendly environment.



## Results:

- 8 successful sessions
- 2 locations; Newtown and Naenae
- 16 volunteers; 10 instructors
- 50 women, 14 children; 20 new riders
- 6 bikes given to women by ReBicycle\*
- Lots of media attention; RNZ Morning Report, The Guardian, BBC World

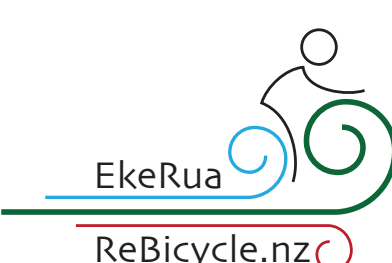
*\* so far*



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